

Melon Ginger Cooler Recipe

A blend of sweet honeydew melon, fresh ginger root, fresh lime juice and honey, this quick and easy drink is utterly delicious. Just be sure to use a ripe melon and chill it in the fridge for at least 4 hours before using.

Ingredients:

- 1 large honeydew melon
- 4 limes, juiced
- 1 lime, thinly sliced for garnish (optional)
- 3 tbsp fresh ginger, peeled and sliced
- 1/4 cup honey (or to taste)
- 2 cups ice



Cut melon in half, remove seeds and peel. Cut into small chunks and place in blender along with ginger slices, lime juice and honey. Blend until completely pureed. Add ice and blend until smooth. Serve immediately.

Serves 4

Source: www.divaflava.net/2008/05/24/melon-ginger-cooler

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